

SOCIAL & EMOTIONAL WELLNESS.

SOUTHWEST METRO INTERMEDIATE DISTRICT 288 | NOVEMBER WORKSHOP 2018



KATE WALKER

Kate Walker is an Extension Professor and Specialist in Youth Work Practice at the University of Minnesota Extension Center for Youth Development. She studies the role that adult program leaders, staff, and volunteers play in supporting youth development in programs.

She also leads professional development programs aimed at supporting and improving youth work practice. This includes trainings on social and emotional learning and on the dilemmas that practitioners face in their everyday work with young people. Kate is the editor of the *Journal for Youth Development: Bridging Research and Practice*.

8 - 8:30	Introduction Darren Kermes					
8:30 - 10	Keynote Speaker KATE WALKER BEING : EMBEDDING SOCIAL AND EMOTIONAL LEARNING INTO OUR DAILY LIVES & BEST PRACTICES					
10 - 10:20	Break					
10:20 - 11:30	Top 20 by Paul Houck, Stephanie Erickson, & Jen Moore Room B106	Wellness & Time Management by Stephanie Wagner F122	Hope is a Verb Creating Change for our Children by Alison Feigh B103	Communication Skills for Mentoring by Elise Chambers A121 <i>Closed Session - Assigned Mentors only</i>	Building Crisis Team Training by Jeff Trick A120 <i>Closed Session - STS, ECFC, and St. Boni Crisis Teams only</i>	
11:30 - 12:30	Lunch					
12:30 - 1:40	Wellness & Time Management by Stephanie Wagner F122	Classroom Tools for Emotional Success by Renee Carlson B106	Building Empathy by Alison Feigh B103	Judging a Book by its Cover by Jennifer Bock A119	Communication Skills for Mentoring by Elise Chambers A121 <i>Closed Session - Assigned Mentors only</i>	Building Crisis Team Training by Jeff Trick A120 <i>Closed Session - RVEC & 401 Crisis Teams only</i>
1:40 - 3:30	Site by Site Professional Development Time					